



SAT AUG 25 2012

TIME: 1200-1400

Advanced knife defense for military & police





Military/police training

"If you don't encounter the worst case scenario in training, it may hit you in combat..."

-Paul Howe/Former Special Operations U.S. Army

UZIEL Fighting Systems in partnership with our friends at **Crossfit Colosseum** is offering a "new" advanced edged weapon defense course designed for "worst case scenarios" that will provide you with realistic tactics to counter a knife assault.

This is our first course that will offer "autonomic" tactics that are based on the science of bio-mechanics and not MMA (Mixed Martial Arts) moves that most other companies teach.

You will learn "WHY" you react the way you do when a knife is produced by your attacker and "HOW" to use this reaction to stop the attack or transition to another use of force option. We will be covering all of the "9" angles of attack and providing you with solutions that will work under extreme stress and elevated heart-rates.

Stop wasting your time trying to remember a bunch of techniques that are completely unrealistic in a real fight when what you should be learning is knowledge that will stay with you and can be used when you need it the most.

Our system works while wearing full kit and takes into account that you are carrying a firearm.

We do not train the general public or the civilian market to make a quick buck...

I have been a police officer for 9 years, a member of a Tactical Unit for 5 years and involved in various martial arts for over 10 years.

Unlike other martial arts that I have trained in, which utilize intricate holds and require fine motor skills, the Uziel Fighting System uses gross motor movements and devastating holds that can be applied under stress. The Uziel System is designed to be instantly effective and eliminate the threat and move on, recognizing that as officers, we will often encounter more than one threat at a time. Uziel Instructors put you in the worst possible positions and show you how to fight your way effectively to a position of control. They make their students realize that no matter how well trained you are, you will likely be injured in a life and death encounter, but they also give you the confidence to know that you can fight through and survive. But what I liked most about the Uziel System and its instructors was that unlike other martial arts, they presume that the threat we face will be a highly skilled and motivated attacker, and therefore train to overcome that threat. This is the course that all Police Training Bureaus should model themselves off.

Current SWAT Operator (name withheld)



Upcoming course dates

SAT AUG 25/2012

Crossfit Colosseum :222 Islington Ave., Unit #4, Toronto, ON

1200-1400: COST: \$40 includes Certificate

Advanced Knife Defense for Military and Police Personnel

****Expect this course to run longer than the noted time. We will give you time to practice and cover the arrest/control aspect to all the tactics that you will learn****

What to wear: No MMA shorts etc...We prefer you train in what you wear on the job.

Equipment: Do not bring firearms, ammo, knives. OC Spray, batons etc to this course. Training pistols/knives will be provided.

Can I bring a friend? : Military Police only may attend

Can I film the event or take pictures? : No, anonymity is important to us.

Contact our Instructors [ODHINN](#) , [DAVE](#), [CHRIS](#), [SCOTT](#), [NEIL](#) to book your spot

Be safe, Train hard!

